

2004 MONT Australian 24 Hour Mountain Bike Race Post-Race Letter to Riders

Only 356 days to go !

Yes, that's right. In 356 days we get to do it all again on the weekend of **8/9 October 2005** but with it all being even bigger, better and even better weather (if that is possible).

Write it down in your calendar NOW.

So start getting your team together again because in only 232 days, on Monday 6 June 2005, the *second biggest race* this side of the equator will start. Which race is that? - the race to get your 2005 MONT online entry in before the cutoff is reached.

Results for the 2004 MONT

Results were published at the race site throughout the race. Final results were available from 1345 on Sunday 10 October when the last rider finished. You can download results from the Canberra Off-Road Cyclists website at <http://www.corc.asn.au/24hr/results/2004.asp> These will soon be added to with some race lap time graphs and text format files for those of you who like to do your own number crunching.

Race Clothing

If you missed out on getting that extra T Shirt, Beanie or water bottle at the race, you can purchase some items from the Canberra Off-Road Cyclists fashion guru Mel McIntyre. Mel, fully rested after her second placing in the Solo Female category, is now ready to take your orders. Contact Mel by emailing her at clothing@corc.asn.au or phone 02 6296 2899 (ah). Some of the items available are:

2004 MONT 24Hr Race T Shirts	\$ 10
MONT 24Hr Polar Fleece Beanies	\$ 15
MONT 24Hr Lightweight Nylon Weave Caps	\$ 10
2004 MONT 24Hr Water Bottles	\$ 5

If you're in Canberra, you can arrange a pickup from Mel. Outside Canberra and in Australia, postage is free for orders of \$40 and over – otherwise its \$7.

Race Director's Report

Well, a week gone and I hope everyone has recovered from their huge efforts at the MONT 24 Australian Mountain Bike Championship. On behalf of CORC and the 24hr Committee I would like to thank all the riders, support crew and spectators for making the race as successful as it was. What an absolutely fantastic weekend. All up, we reckon there were over 5,500 people in the Forest, all watching some great mountain bike fun. Certainly the Chief Minister of the ACT was blown away by the enthusiasm, scale and energy of the race.

I hope all the new riders had a wonderful time at their first race. For the seasoned MONT rider I trust you rode hard and enjoyed the fun laps out there. With \$60,000 of prizes awarded to the placegetters, there were some wonderful prizes on offer, including two return tickets to Canada from Canberra Off-Road Cyclists for the Solo Male and Solo Female winners, prizemoney to the tune of \$1000, \$500 and \$250 for the Solo Male and Solo Female podium finishers courtesy of APIS Consulting, and of course there were great MONT Adventure Clothing products for the winners of **all** the major categories. Lets not forget all the thousands of dollars of schwag from the other great sponsors. And the Yeti frame was a huge win.

As a Race Organiser a huge thank you to everyone in the 3/4/6 camping area. I have never seen a post event camping area left so CLEAN in all my organising years. It was left in an immaculate condition and following all the raking, smoothing and bike rack building, in a far better condition than when we took the site over. Its pretty amazing what you can knock up with a couple of pine logs, a roll of gaffa tape and a penknife. Out on the course, the same applied with the big yellow Gu bins getting a workout – which meant we didn't have to collect track trash all Monday.

THANK YOU – THANK YOU – THANK YOU.

A big thanks to Stu Plant, who did about 14 hours of commentary at the race, also thanks to Jim Trail for helping out on the mic. Great sporting moments were heard by all.

And how about the School kids! This was the first year the MONT has had a separate category for schools teams and it won't be the last. They all had a whale of a time, and a special thanks to the SRAM Dream Team of Paul Rowney, Sid Taberlay, Rob Woods and Rob Eva for making time to chat with them and autograph their shirts.

You will be happy to know that we have started planning for 2005, with some great suggestions on improving the race being considered. Thanks to everyone who provided comment, with 99.99% of it being positive. That makes it so much easier for us to shake the dust off and get motivated for next year.

Don't forget that your pre-MONT training can start now as there are a heap of events coming up that will stand you in good stead for MONT 05. For local riders the Pedalpower Fitz's Challenge is on the bitumen on 31 Oct and is a great non-competitive event. Check it out at <http://www.pedalpower.org.au>

For the more competitive there is the Urban Polaris, Beechworth Gravity12hr, Kona 24hr, Wildside and Central Australian Bike Challenge. Plus a swag of 8 hour working week races, 12hour and 24hr races throughout Australia. Good luck to all in your racing and training efforts.

Best regards

David White
Race Director

From Statisticus and the Red Hot Mac PowerBook

Now that its all been said and done, here's what you did:

Number of people who were in Kowen Forest to be part of the biggest mountain bike race in the southern hemisphere	5,500
Number of riders entered in the 2004 MONT 24 Hour	2,176
Number of riders entered in the first (1999) MONT 24 Hour	178
Number of riders on track at any one time	525
Laps completed by the riders	8,478
Kilometres ridden by the riders	161,930
Number of times around the planet ridden by the riders	4.22
Number of punctures on the last lap	16
Seconds it would take Jana Pittman to run the length of chain replaced by St Ives Cycles during the race	14
Volunteer hours to make the 2004 MONT 24 Hour happen	3,000
Percentage of female riders in the 2004 MONT 24 Hr	14.6%
Percentage of female riders in the first (1999) MONT 24 Hr	9.2%
Fastest Day Lap by a Male Rider (Trent Lowe)	46:57
Fastest Day Lap by a Female Rider (Lynne Vaughan)	58:54
Fastest Night Lap by a Male Rider (Trent Lowe)	51:10
Fastest Night Lap by a Female Rider (Lynne Vaughan)	1:01:42
Number of Laps / Race time for the overall winning team Team Mongoose: Dylan Cooper, Richard Vollebregt, James Williamson, Nick Kiraly	28 Laps 24:39:47

Where did you come from?

ACT	755	NSW	1020	NT	6
QLD	28	SA	29	TAS	10
VIC	319	WA	5	NZ	4

Photographs

There were several professional photographers at the 2004 MONT and they are offering their photos in a range of formats. Go to these links if you want to check out some of the 20,000+ photos on offer. Some are also accessible from the Canberra Off-Road Cyclists website at <http://www.corc.asn.au/24hr/photos.asp>

John Fraser Photography

<http://www.johnfraserphotography.com/> through the main gallery to the MONT

FOTOZ

<http://www.fotoz.com.au/>

James Rankin / Marathon Photos

<http://www.marathon-photos.com/index.html>

Triathlon Photos

<http://www.triathlonphotos.com/>

Lost Property

As usual we have a box of lost property (and it's a pretty big box too) so if you have lost or left something behind please get in touch with Russ Baker and we will see if it is in the box. The cost of postage is your responsibility but please note that **we cannot post batteries via Australia Post**. Email Russ at timing@corc.asn.au

If anyone found a silvery/blue Nokia phone or a G2000 wheel, then please contact Russ at timing@corc.asn.au Their owners are anxious to renew their acquaintance with these items.

Siemens M65 Mobile Phone

The winner of the Siemens M65 Mobile phone is Chris Ryder. For those unlucky enough to miss out on the prize, they can purchase one at Optus World and get their Bike-O-Meter for half price before 31 October 2004 by downloading the special offer from the CORC website at <http://www.corc.asn.au/24hr/results/2004.asp>

See you next year,

Russ Baker

for Canberra Off-Road Cyclists